

# LionHeart Leadership Renewal

## A Four Day Retreat for Leaders Seeking a Major Breakthrough!

- **Are your current opportunities expanding faster than you are?**
- **Is your health or energy level getting compromised as you struggle to keep up?**
- **Are you experiencing difficulties with the key people at work or at home?**
- **Are you facing a big transition in your career that is an important stepping stone toward fulfilling your highest aspirations?**
- **Are you simply ready to let go of holding yourself back from your full contribution?**

Our concerns and unresolved questions can often keep us up at night. As a leader, you are like a lightning rod for the big challenges in your company. All major problems make their way back to you. Many leaders like you have sleepless nights worrying about the details of growing, running, and directing your organization. Leaders today need powerful support to maintain their most important values: integrity, balance, and clarity.

Carrying this level of responsibility can take a big toll on you if you do not consistently renew yourself. Most leaders try to compensate through working harder and harder, self-medication, or putting on the mask of “everything is fine.” These coping strategies eventually fail and leave you exhausted, in ill health, or out-of-touch with what really sustains you. The best way to improve your situation is to make powerful changes first in the thought processes inside you.

For thousands of years, leaders have used retreats as a way to gain clarity on the important challenges that they and their organizations are facing. At the LionHeart Leadership Renewal Retreat, you will take your most important next steps toward your renewal. You will gain powerful tools and coaching support for seeing your most complex and difficult challenges from an energizing and empowering perspective. You will have significant breakthroughs in what is limiting you inside. Your new perspective will lead to innovative solutions for growing your organization, motivating and leading your employees, and maintaining your health and well-being. You will discover and have a profound experience of “inner wisdom” which is always available to help you and your company. Our past participants are surprised at the staying power this work has. It doesn’t wear off like a great vacation does.

You will emerge from this powerful four day retreat with revitalized purpose, renewed passion, and the power to create real change where it matters most. To achieve mastery in leadership, you must rise above your experience of struggle and limitation to take the course of action that will truly enrich the lives of everyone impacted. This requires great insight, humility and courage.

During this advanced leadership course you will unplug from your voicemail and email as much as possible and enjoy nurturing, gourmet meals with a gorgeous view of the ocean! When we are not taking breaks for invigorating walks on the beautiful beach you will:

- Experience a greater connection to your most positive qualities of leadership.

- Discover how your most challenging business scenarios can build your inner strength and resolve.
- Release the source of your stress that is negatively impacting your health.
- Renegotiate a healthier relationship to your work.
- Identify and move through your limiting perceptions and beliefs that inhibit your leadership.
- Develop a personalized practice to replenish, strengthen, and lead more effectively from the deep wisdom in your heart.
- Return to work with a clear plan for addressing the most pressing issues impacting your ability to “love your work.”
- Learn a self coaching process that allows you to work through difficulties, and revitalize your experience of leadership as needed.

The four-day LionHeart Leadership Renewal Retreat is facilitated in a retreat setting on the Oregon Coast that helps you see and reflect upon what you need to do to simultaneously improve your well-being and your organization’s performance. It provides an invaluable experience and toolkit for leaders who need to consistently perform at higher and higher levels; LionHeart can also customize this course to integrate the leadership development work into a company’s strategic planning process.

For more information on the LionHeart Leadership Renewal contact Paul Werder at [paulw@lionhrt.com](mailto:paulw@lionhrt.com).

**Cost of Renewal: \$2950.00 (includes lodging and meals)**